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Claims:

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- 1. A method of cleaning teeth comprising (a) providing a brush that comprises bristles that are prepared from a composition comprising a thermoplastic polymeric resin in admixture with a slip agent; and (b) applying the brush to the surface of one or more teeth to clean the teeth.
- 2. A method according to Claim 1 wherein step (a) comprises a step of selecting as the thermoplastic polymeric resin one or more members of the group consisting of polyamide, polyester, polyolefin, fluoropolymers, polyurethane, polyvinylchloride, polyvinylidene chloride, and styrenic polymers and copolymers.
- 3. A method according to Claim 1 wherein step (a)
 comprises a step of selecting as the thermoplastic polymeric resin a polyamide.
 - 4. A method according to Claim 3 wherein the polyamide is nylon 6,12.

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5. A method according to Claim 1 wherein step (a) comprises a step of selecting as the slip agent one or more members of the group consisting of a fluorinated olefin polymer, boron nitride, molybdenum disulfide, graphites, fullerene and talc.

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- 6. A method according to Claim 1 wherein step (a) comprises a step of selecting as the slip agent polytetrafluorethylene.
- 7. A method according to Claim 1 wherein step (a)
 30 comprises a step of preparing a composition that comprises the slip agent in an amount of about 0.5 or more, and yet about 10 or less, weight

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percent based on the total weight of the composition of polymer plus slip agent.

- 8. A method according to Claim 1 wherein step (a)
 5 comprises a step of providing a brush on which the bristles extend out
 from a planar surface.
- 9. A method according to Claim 1 wherein step (a) comprises a step of providing a brush on which the bristles extend radially out from a central axis in multiple directions toward a circumferential perimeter about the central axis.
 - 10. A method according to Claim 9 wherein the bristles are clasped by a twisted wire.

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